

December 2019 Newsletter

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Vol. 23, No. 12

Georgina Sham, Editor

Class meets every Tuesday from 7 – 9:30 p.m. in Balboa Park Club

7 – 8 p.m. Beginner's Hour – however, all are welcome to stay for the entire class

No partners necessary. Dress in comfortable clothing and low-heeled shoes

Teacher: Georgina Sham & Chin Yu (info: Georgina <gbsham@gmail.com> 858-459-1336

Website: <http://sites.google.com/site/cabrilodancers/home>

Refreshments first Tuesday night of the Month

President's Message: On Weapon Dances

As its name implies, Weapon Dances employs weapons or stylized versions of weapons traditionally used in combat in order to simulate, recall, or reenact combat, or the moves of combat in the form of dance--usually for recreational purposes. Such dancing is quite common to folk ritual in many parts of the world. Weapon dancing is ancient. Among the earliest historical references we have those that refer to the pyrrhichios, a weapon dance in ancient Sparta, in which the dance was used as a kind of ritual training for battle.

The dances that one sees today are often part of general movements to preserve and rejuvenate tribal or local traditions. Some of these movements are quite strong now such as those among North American tribes and the Aboriginal peoples of Australia.

Related to weapon and war dances is the Hunt. A very early reference to a weapon dance of the hunt comes in the form of a rock carving in Catal Hoyuk, the large neolithic settlement in south central Anatolia, (Turkey). It depicts a hunting ritual involving dancers holding their bows, one figure has a bow in each hand, two perform artistic leaps and another holds a horn shaped stick and is striking a frame drum.

More to follow on this subject.

–Nicole Molina

Tuesday night class on December 3: Because Chin will still be away and Georgina is going to Boston, **Adriana Waumann** will have the program at this Tuesday night class! Thank you, Adriana! Refreshments Night will be postponed to Dec 10--at the Holiday party!

Holiday Party: Our joint holiday party with San Diego International Folk Dance Club is scheduled for Tuesday, December 10! Bring finger foods to share--drinks will be provided, and wear something festive and come celebrate the holidays! Get the names of your favorite dances so you can request them for us all to dance!

New Year's Eve Party: The party will take place at the new Folk Dance Center at the OASIS Wellness Center in La Mesa's Grossmont Center. The party will be from 8 - 12:30. We will celebrate Evelyn George's 100th birthday! She and Maria from Germany will come and celebrate with us--at least for a little while!

Admission is still \$5 with a plate of food to share, or \$10 without food. Tickets will go on sale in December by Nicole, Dennis, Ilene and Georgina.

Food must be brought in and out the same way--there is NO kitchen at the New FD Center. There's no way to heat up food or keep it cold, or wash dishes.

We will have door prizes again. and need your donations to the cause! So, please bring your donations. gift wrapped, to Nicole either on Sundays or Tuesday evenings. If the gift is suitable only for a man or woman, please mark the package to say so.

Decorations will start at 7 p.m. Please sign up to help! There are sign-ups for Decorating and Clean up. Please sign up to help!

Travel Show: Save the date: Sat. Jan 18, 10:30 a.m.



Free Sunday Park Programs: Dec 1: Dennis Emerling Dec 8: Georgina Sham Dec 15: Kin Ho Dec 22: Chin Yu Dec 29: Chin Yu	Lawn Programs: 6 & 7: Special HPR Event: International Christmas Festival	Dance Schedule Changes: Tues. Dec 10: Holiday Party Tues. Dec 29: No class--NY Eve Party at Oasis Wellness Center
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In Memoriam

Edward A. Kmosena May 3, 1930 - October 30, 2019



Edward Andrew Kmosena passed away peacefully in his sleep on Oct. 30, 2019 at the age of 89. Ed was born in Chicago, IL. His parents were Ondrej Kmosena and Emily Kurinski and his grandparents came to the US from Czechoslovakia in 1903. Ed was an electrical engineer who worked for the FCC in Washington DC where he lived 2 blocks away from the White House during Watergate. He moved to San Diego in the mid 1970s. Ed loved to travel and toured many locations around the US, Canada, Europe. Later, Ed worked as a travel agent and math teacher in San Diego. He was also an avid recreational dancer for about 60 years and participated regularly with square dancing, contra dancing and folk dancing groups. Ed never married but was beloved by his friends and will be greatly missed. He leaves behind an uncle and aunt, and many cousins who reside in WI, MN, IL and GA. May he rest in peace! Ed's celebration of life service and reception will be held December 12th at 10:30 am at the Water's Edge Faith Community, 1984 Sunset Cliffs Blvd., San Diego, CA 92107. Burial will be at 1 pm in El Camino Memorial Park in Sorrento Valley. Please send any flowers for Edward Kmosena to: Merkley-Mitchell Mortuary, 3655 Fifth Avenue, San Diego, CA 92103.

-With thanks to Edith and Jay Schwartz for the information



Letter from Paul Pluss:

Nov 5, 2019

"...I broke my right hip on September 18 and since that time I am on dialysis Monday, Wednesday and Fridays for 4 hours each. At the same time my wife Marilyn of 64 years broke down so she can no longer walk. She still can write the Garden Club Newsletter and write Swiss Lodge Newsletter on the computer but she has trouble with downloading email. I have not seen an email this year. We are two people with hospital beds in the same room. We get help from an agency: Angel Help run by an emigrant from Canada. San Diego has a bus agency for Medical Transport for wheelchair people which costs 5 dollars per ride per person for medical and special appointments. So far, it has worked out well for both of us. Our daughter Margaret came to live with us 5 years ago while she was working as a substitute teacher. She quit that job to take care of us 24/7. It is hard for her but she has done it cheerfully most of the time. We are learning to muddle through most days without trouble... Greetings to all the folk dancers and their friends that visit the cottages to serve coffee and treats on Sundays."

-Paul & Marilyn Pluss

In Balboa Park

Mondays: San Diego Folk Dancers. Intermediate to Advance levels of international folk line dances. Balboa Park Club, 7:30 - 9:00 p.m. Contact: Jeanne Cate, 858-278-4619, jcate@nethere.com.

Tuesdays: Cabrillo International Folk Dancers in Balboa Park Club 7 - 9:30, Beginner's Hour 7 -8 p.m., followed by Intermediate to Advanced dances. Everyone welcome to stay for entire class. \$2/2.50 for member/non-member. Contact: Georgina Sham, 858-459-1336, gbsham@gmail.com See the front of this Newsletter. Website: <http://sites.google.com/site/cabrillodancers/home>

Wednesdays: San Diego International Folk Dance Club in Balboa Park Club. 7:15 - 8:30 Beginners, then to 9:30 p.m. Dances from around the world, all levels. \$2/2.50 for member/nonmember. Contact: Jeanne Cate, 858-278-4619, jcate@nethere.com.

Wednesdays: Performing Folk Dancers, Recital Hall. Performance Rehearsals 7 - 10 p.m. Contact: Mervi Gotch at 858-27-7979, or email <performingfolk dancers@gmail.com>

At the Folk Dance Center <http://www.folkdancecenter.org/> The new location is at the Oasis Wellness Center in the Grossmont Shopping Center in La Mesa (5500 Grossmont Center Dr, La Mesa, CA 91942). There is a new hard wood floor and the place is spacious and has good parking! Check out their website: <https://www.oasisnet.org/San-Diego-CA> Check FDC website or newsletter for dates of classes during January and February!

In La Mesa: Tuesdays 10 - 11:30 a.m. La Mesa Folk Dancers. La Mesa Adult Enrichment (8450 La Mesa Blvd). International and Israeli Folk Dancing--Beginners and Intermediate levels. Fee: \$3 Contact: Kathee 619-490-3235 or Rina 619-462-8155.